



Lesson Plan - Week of October 10, 2005

Tic Tac Toe Sportsmanship

Objective- To use and understand components of sportsmanship while playing the tic tac toe game by working with their teammates on achieving skills dealing with basketball.

Materials & Set-Up

- You will need: 4 jump ropes, 9 large blank index cards, 5 large index cards with a large X written on them, 5 large index cards with a large O written on them, black marker, 2 basketballs, 2 hula hoops
- Prior to the class, set up the tic tac toe board with the ropes

Introduction-

- Discuss with the class words that come to mind when we think of a team or individual who displays positive sportsmanship. Attempt to attain at least 9 words that explain sportsmanship (one word for each box). Ex. Encouragement, respect, honesty, trust, cooperation, loyalty, fun, belief, teamwork, inclusion, -5 min.
- Write each word on a separate index card and place them on each of the spaces on the tic tac toe board.

Lesson-

1. Class is divided into two teams X's and O's. The teams are then placed equally away from the tic tac toe box on opposite sides of the gym, sitting on the endlines. Each team has a hula-hoop where the basketball is placed for the start of the game.
2. On the teacher's command one team member from each team gets the ball from their hoop and begins the specific skill (see below). The entire team then follows this skill.
3. The last person to complete the skill must then dribble the ball to the teacher who is at the tic tac toe board and give the teacher a high five as well as the person from the other team.

4. The team that finishes the skill first is awarded their choice of a box where a specific word is located to either place an X or an O. The team that gets X's or O's across, down or diagonal is the winner.

(You also may award additional points for cheering, or any display of the words that are located in the tic tac toe board.)

This lesson is geared toward a basketball unit. The commands called out by the instructor include:

1. One team member gets the ball and then every one must make one chest pass before approaching the teacher.
2. One team member gets the ball and then everyone must make one bounce pass before approaching the teacher.
3. One team member gets the ball and everyone must make their choice of pass and finish with one made layup before approaching the teacher. (The team will continue to shoot until one is made)
4. One team member gets the ball and everyone must make a pass and then finish with one made foul shot. (The team will continue to shoot until one is made)
5. One team member gets the ball and everyone must dribble the ball 5 times with his or her non-dominant hand.
 - Repeat different commands or add variations. (Additional passes, dribbling or combinations of skills)

Conclusion- 5 min

- Discuss examples of how both teams displayed positive sportsmanship during the Tic Tac Toe Sportsmanship game.
- Discuss how the students felt while participating with support and good spirit from team members and opponents.
- Discuss the value of good sportsmanship and the effects on individual and team skills

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